

Advisory for Aquarium Hobbyist -

Quick fix solution for ornamental fish feed preparation

Due to covid-19 lockdown ornamental fish feed is not available from the local stores. Here are some cost effective home-made recipes using the kitchen ingredients

Ingredients required

1. Feed balls or noodles

2 cups Multi grain atta (carbohydrate and

protein source)

1 cup Gram flour (protein source)
2 spoons Milk powder (protein source)

1 no. Egg (optional) (protein and lipid

source)

10 ml Cooking oil (lipid source)

2 spoons Corn flour/ Maida (binder for

consistency

2 tablets Vit B with C / multivitamin

1/2 spoon Turmeric / coriander paste (for colour)

1/2 spoon Yeast powder (optional for immunostimulant)

2. Floating flakes

Ingredients same as the recipe 1



Preparation

Mix well and make a dough with little water

Pack it and steam cook for 15 mins

Cool the dough

If there is a noodle maker press the dough into noodle forms

Dry the noodles under sun and store in airtight container

If not make into small balls and store in refrigerator



For bottom feeder and nibblers
Gold fish, Koi carp, loaches, Garra, pleco

Place the balls in a small plate and keep it on the bottom of tank or suspend the balls in a perforated small bag

Noodles could be crushed into small pieces and fed to fishes

- Mix well, steam cook for 15 mins and make into liquid consistency
- Brush a thin layer of liquid on a flat plate
- Sun dry, crush into small flakes
- Store in air tight container

- For surface and mid-water feeders such as Barbs, Guppy, Gourami, Tetra
- Add small amount of flakes into water
- Feed flakes as much as they can eat within 4-5 minutes

3. Protein coated vermicelli/dahlia

1 packet Long wheat vermicelli / 1 cup dahlia

1 or 2 no. Eggs

2 spoons Milk powder

1 spoon Gram flour 2 spoons Corn flour

2 no. Vitamin tablets

½ spoon Turmeric

4. Egg pudding

1 cup Milk 4 no. Eggs

1 spoon Corn flour

2 no. Vitamin tablets
1/2 spoon Turmeric

Mix all the ingredients except vermicelli or dahlia to make a slurry

Dip the vermicelli or dahlia into the slurry in small portions

Spread on plate and sun dry

- For bottom feeders
- Place small amount of feed in a plate on the tank bottom

Note: The diameter of vermicelli should be less than mouth size of fish. Choose accordingly

- Mix well in a small bowl
- Cover it and steam cook
- Take a kitchen strainer and press into small pellets
- For meat eating fishes such as oscar and discus
- Place small amount of feed in a plate on the tank bottom

Note: Fish has to be trained with any new feed, may take 3-4 days. Feed once a day and siphon 20% of water after feeding